



## **Bronx Rising! Talk to the Hand: Women Telling Stories Through Movement**

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### **Bronx Rising! Talk to the Hand: Women Telling Stories Through Movement**

*Photos Credit: EBGallardo, BMHC*

The Bronx Music Heritage Center held its Bronx Rising! Talk to the Hand: Women Telling Stories Through Movement event and many were in attendance as the evening was spent looking at hand art forms through which women around the world express themselves and tell their stories.

Members of the community and several youth watched the documentary ‘Let’s Get the Rhythm’ about hand-clapping games performed by young girls, an art that incorporates verbal dexterity with interlocking rhythmic hand patterns and Dancer Dionne Kamara, who was interviewed in the film engaged in a question and answer session while demonstrating hand-clapping games.

Bharati S. Kemraj, Founder of the Bharati Dance Academy along with several of her Students performance a series of Bollywood and Indian semi-classical dance, connected hand-clapping games seen in the film with the mudras (hand movements) used in Indian classical dance that are also used to tell stories and gave the crowd the opportunity to learn a few moves.

*Bronx Rising! Talk to the Hand: Women Telling Stories Through Movement was co-sponsored by City Lore. Food was provided by Carifesta Restaurant. Black and burgundy ink henna designs was done by Bharati.*

### **Bharati Dance Academy**

Bharati S. Kemraj, Founder, Bharati Dance Academy along with students Aum Gopal; Sarah Dilchand; Ivelisse Arroyo; Rebecca Persaud and Christine Garmendiz preparing for a Bollywood dance performance.



## **Bronx Rising**

Student Sarah Singh and Bharati S. Kemraj, Founder of the Bharati Dance Academy performing a Bollywood dance using several hand movements and facial expressions.



## **Bollywood Dance**

Aum Gopal; Ivelisse Arroyo; Sarah Dilchand; Sarah Singh and Christine Garmendiz representing the Bharati Dance Academy and showcasing some of their moves to the community.



### **Henna by Bharati**

Henna design being done on the hand of Leanora, 79 years old community member.



### **Movement**

Participants of all ages learning how to dance to Bollywood music.



Link: <http://thebronxchronicle.com/2018/09/21/bronx-rising-talk-to-the-hand-women-telling-stories-through-movement/>